

**LAPORAN HASIL**  
**PENGABDIAN KEPADA MASYARAKAT**



**International Seminar on Diabetes Mellitus Type 2**  
**A journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one third premature mortality from the NCDs, including Diabetes Mellitus Type 2.**

**Oleh :**

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**FAKULTAS ILMU KESEHATAN**  
**UNIVERSIAS PAHLAWAN TUANKU TAMBUSAI**  
**TAHUN 2021/2022**

## HALAMAN PENGESAHAN

1. Judul : International Seminar on Diabetes: A journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one third premature mortality from the NCDs, including Diabetes Mellitus Type 2.
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  - b. NIDN : 1021068305
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  - d. Program Studi : S1 Ilmu Kesehatan
  - e. Perguruan Tinggi : Universitas Pahlawan Tuanku Tambusai
  - f. Bidang Keahlian : Administrasi Kebijakan Kesehatan
  - g. Alamat Kantor/Telp/Faks/surel : Jl. Tuanku Tambusai No. 23
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4. Lingkup Kegiatan : International
5. Lokasi Kegiatan : Bangkinang, Provinsi Riau, Indonesia
6. Mitra 1 : University of Malaya  
Kabupaten/Kota : Kuala Lumpur  
Negara : Malaysia
7. Mitra 2 : Dinas Kesehatan Provinsi Riau  
Kabupaten/Kota : Pekanbaru  
Negara : Indonesia
8. Luaran yang dihasilkan : Peningkatan pengetahuan peserta tentang diabetes
9. Jangka waktu Pelaksanaan : Indisental (3-5 Agustus, 2022)
7. Biaya Total : Rp. 15, 605,000



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**UNIVERSITAS PAHLAWAN TUANKU TAMBUSAI**

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KEPUTUSAN REKTOR UNIVERSITAS PAHLAWAN TUANKU TAMBUSAI  
NOMOR : 156 /KPTS/UPTT/KP/III/2022

**TENTANG**

**PENGANGKATAN/PENUNJUKAN PANITIA SEMINAR INTERNASIONAL "A JOURNEY  
TOWARDS THE ACHIEVEMENT OF THE 2030 SDGs GOAL 3 TARGET 3.4:  
REDUCING BY ONE THIRD PREMATURE MORTALITY FROM THE NCDs,  
INCLUDING DIABETES MELLITUS TYPE 2" DI LINGKUNGAN  
UNIVERSITAS PAHLAWAN TUANKU TAMBUSAI**

**REKTOR UNIVERSITAS PAHLAWAN TUANKU TAMBUSAI**

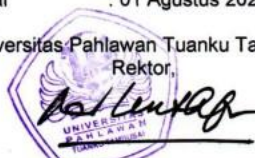
- Menimbang : a. bahwa untuk menunjang kelancaran pelaksanaan kegiatan serta tertib administrasi pelaksanaan kegiatan Seminar Internasional " *A Journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by One Third Premature Mortality from the NCDs, Including Diabetes Mellitus Type 2* " di Lingkungan Universitas Pahlawan Tuanku Tambusai, dipandang perlu mengangkat/ menunjuk Panitia Kegiatan Seminar tersebut;
- b. bahwa sehubungan dengan huruf a diatas, perlu ditetapkan dengan Keputusan Rektor Universitas Pahlawan Tuanku Tambusai;
- Mengingat : 1. Undang-Undang No. 16 Tahun 2001 tentang Yayasan sebagaimana yang telah diubah dengan Undang-undang No 28 Tahun 2004 tentang Yayasan;
2. Undang-Undang No. 20 Tahun 2003 tentang Sistem Pendidikan Nasional;
3. Undang-Undang No. 12 Tahun 2012 tentang Pendidikan Tinggi;
4. Peraturan Pemerintah No.4 Tahun 2014 tentang Penyelenggaraan Pendidikan Tinggi dan Pengelolaan Perguruan Tinggi;
5. Peraturan Menteri Riset, Teknologi dan Pendidikan Tinggi Republik Indonesia No. 49 Tahun 2015 tentang Kelas Jabatan di Lingkungan Kementerian Riset, Teknologi dan Pendidikan Tinggi;
6. Peraturan Menteri Riset, Teknologi dan Pendidikan Nomor 16 Tahun 2018 tentang Pedoman Tata Cara Penyusunan Statuta Perguruan Tinggi Swasta;
7. Keputusan Menteri Riset, Teknologi dan Pendidikan Tinggi No.97/KPT/I/2017 tanggal 20 Januari 2017 tentang Izin Universitas Pahlawan Tuanku Tambusai;
8. Akta Notaris Ratu Helda Purnamasari, SH., MKn. No. 20. tanggal 18 September 2021 tentang Perubahan Badan Hukum Yayasan Pahlawan Tuanku Tambusai;
9. Keputusan YPTT Riau No. 01/KPTS/YPTT/2007 tentang Peraturan

### MEMUTUSKAN

- Menetapkan  
Pertama : Pengangkatan/Penunjukan **Panitia Seminar Internasional "A Journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by One Third Premature Mortality from the NCDs, Including Diabetes Mellitus Type2"** dengan personil sebagaimana tersebut dalam lampiran keputusan ini;
- Kedua : Personil sebagaimana tersebut dalam diktum pertama mempunyai tugas sebagaimana sebagai berikut:
1. Menyiapkan semua kebutuhan yang diperlukan untuk pelaksanaan kegiatan Seminar Internasional yang dilaksanakan Indonesian Diabetes Center Universitas Pahlawan Tuanku Tambusai.
  2. Bertanggung jawab terhadap kelancaran pelaksanaan kegiatan Seminar.
  3. Melaporkan kepada Rektor Universitas Pahlawan Tuanku Tambusai pelaksanaan kegiatan Seminar melalui Ketua Panitia.
- Ketiga : Dalam menjalankan tugas, Personil sebagaimana dimaksud dalam diktum pertama, bertanggung jawab kepada Rektor Universitas Pahlawan Tuanku Tambusai melalui Ketua Panitia;
- Keempat : Keputusan ini berlaku mulai tanggal ditetapkan, dan apabila dikemudian hari ternyata terdapat kekeliruan dalam penetapannya, akan diadakan perbaikan dan peninjauan kembali sebagaimana mestinya;

Ditetapkan di : Bangkinang  
Pada Tanggal : 01 Agustus 2022

Universitas Pahlawan Tuanku Tambusai  
Rektor,



Prof. Dr. Amir Luthfi

Tembusan disampaikan kepada Yth:

1. Fakultas pada Universitas Pahlawan Tuanku Tambusai
2. Kepala Pusat dan Lembaga Universitas Pahlawan Tuanku Tambusai
3. Bendahara Universitas Pahlawan Tuanku Tambusai

LAMPIRANSURAT KEPUTUSAN REKTOR UNIVERSITAS PAHLAWAN  
NOMOR : 156 / KPTS/ UPTT/ KP/III/ 2022  
TANGGAL : 01 AGUSTUS 2022

PENGANGKATAN/PENUNJUKAN PANITIA SEMINAR INTERNASIONAL "A JOURNEY  
TOWARDS THE ACHIEVEMENT OF THE 2030 SDGs GOAL 3 TARGET 3.4:  
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INCLUDING DIABETES MELLITUS TYPE 2" DI LINGKUNGAN  
UNIVERSITAS PAHLAWAN TUANKU TAMBUSAI

Penanggung Jawab : Prof. Dr. Amir Luthfi

Pengarah : 1. Dewi Anggriani Harahap, M.Keb  
2. Muhammad Nizar Syarif Hamidi, M.Kes  
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Pembina : 1. dr. Esti Widiastuti, M.ScPH  
2. dr. Donni Hendrawan, M.P.H., CGP  
3. Prof. Sheri Colberg-Ochs., PhD., FACSM  
4. Prof. Dr. Chong Mei Chan  
5. Prof. Makoto Oe, PhD., RN.  
6. Saldy Yusuf, S.Kep., Ns., MHS., PhD., ETN  
7. Nila Kusumawati, s.Kep., Ns., M.P.H  
8. Rudi Hermawan, SE., M.P.H

Ketua : Nila Kusumawati, s.Kep., Ns., M.P.H (Ka.IDC)  
Wakil Ketua : Vitri Angraini Hardi, M.Pd  
Sekretaris : Hannisa Haris, M.Pd  
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2. Ns. Yenny Safitri, M.Kep  
3. Ns. Alini, M.Kep  
4. Ns. Ridha Hidayat, M.Kep  
5. Ns. Indrawati, S.Kep., M.KL  
6. Ns. Putri Eka Sudiarti, M.Kep  
7. Ns. Gusman Virgo, S.Kep., M.KL

Moderator : 1. Rifatunnailah Mat Isa  
2. Vimala Devi Jayaveloo  
3. Wanda Lasepa, M.Gizi

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2. Rahmat, S.Pd  
3. Mahadir Johan, A.Md

Universitas Pahlawan Tuanku Tambusai

Rektor  
  
UNIVERSITAS PAHLAWAN  
TUANKU TAMBUSAI  
Prof. Dr. Amir Luthfi

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## **LAMPIRAN**

Brosur Seminar  
Sertifikat Seminar  
Foto Seminar  
Proposal Seminar

## **RINGKASAN**

International seminar on Diabetes Type 2 was initiated by the Indonesian Diabetes Center (IDC), Universitas Pahlawan Tuanku Tambusai (UP). The seminar has an objective to improve knowledge of those interested on diabetes mellitus (DM), specifically DM Type 2. The seminar was carried out from August 2 to 5, 2022. The Seminar was held online using Zoom platform. It was an implementation collaboration between IDC UP, University of Malaya in Malaysia, and Health Department of Riau Province, Indonesia. The seminar proposed the theme of A journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one third premature mortality from the NCDs, including Diabetes Mellitus Type 2. Targets of participants include d Health practitioners: such as physicians, nurses, public health practitioners, midwives and nutritionists, Health academicians: such as health students and lecturers, and those interested in diabetes mellitus, including diabetes mellitus type 2. Speakers of the seminar came from national and international setting included but not limited to the Directorate of Prevention and Control of Non-Chronic Diseases, Directorate General of Disease Prevention and Control, Ministry of Health of Republic of Indonesia; Research Profesor from Old Dominion University, California, United States of America; Department of Nursing Science, Faculty of Medicine, University of Malaya, Malaysia; Faculty of Nursing, Universitas Hasanudin, Makasar, Sulawesi, Indonesia; Institute of Medical, Pharmaceutical and Health Sciences, Kanazawa University, Japan; Head of IDC, UP, Indonesia; Nutritional Science Program, Faculty of Health Sciences, University Kebangsaan Malaysia, Malaysia; Health BPJS, and Kemenkokesra, Republic of Indonesia. Participants attended the seminar included but not limited to external participants interested in DM, nursing, public health and nutrition students of UP.

# **BAB I**

## **PENDAHULUAN**

### **1.1 Analisis Situasi**

Diabetes mellitus is a chronic non-communicable disease that continues to be a public health problem in all countries in the world. Instead of decreasing, morbidity and mortality due to diabetes continues to increase every year. In 2021, it was recorded that there were 537 million people with diabetes (table 1). The International Diabetes Federation (IDF), which is an umbrella organization of 230 national diabetes associations that spread across 160 countries, estimates that by 2041 cases of diabetes in the world will increase by 46%.

The Western Pacific is the IDF region that contributes to the largest diabetes cases in the world. Indonesia is one of the countries in the Western Pacific region ranked as the second largest contributor to diabetes cases after China. Also, it is recorded that Indonesia ranks number 5 country in the world with the highest diabetes. In 2021, the number of people with diabetes in Indonesia has reached 19.47 million people and is expected to increase by 47% by 2045. Diabetes can cause various life-threatening complications, such as heart disease, stroke, and kidney disease, as well as various other diseases, not to mention diabetic foot ulcer.

## **1.2 Permasalahan Mitra**

Riau is ranked the 15<sup>th</sup> with the highest DM type 2 in Indonesia. Poor lifestyle, such as less and absence of physical exercise, stress, smoking, unhealthy diets kept existent. On another side, there had been a limited effort that had been performed to improve people's knowledge on how to prevent and manage DM. As one of universities in Riau Province, UP has a responsibility to improve health practitioner, health students, health cadres, community, and people interested in DM. The improvement of knowledge was expected to change community's attitude on DM.

One of the efforts essential to make it a reality was through a seminar on DM. However, there had been a very limited event that had been carried out specifically on DM type 2, especially in Riau Province, generally in Indonesia. This was an underlying reason why the seminar was important to be organized.

## BAB II

### SOLUSI DAN LUARAN TARGET

#### 2.1 Solusi yang Ditawarkan

Based on the explanation above, IDC UP organized an international seminar on diabetes with a theme of A journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one third premature mortality from the NCDs, including Diabetes Mellitus Type 2. The seminar invited 10 speakers from national and international who had an expertise in DM type 2 prevention and management.

#### 2.2 Jenis Luaran yang Dihasilkan

**Tabel 2.1. Rencana Target Capaian Luaran**

No	Jenis Luaran	Indikator Capaian
<b>Luaran Wajib</b>		
1	Publikasi ilmiah pada Jurnal ber ISSN/Prosiding <sup>1)</sup>	
2	Publikasi pada media masa cetak/online/repository PT <sup>6)</sup>	
3	Peningkatan daya saing (peningkatan kualitas, kuantitas, serta nilai tambah barang, jasa, diversifikasi produk, atau sumber daya lainnya ) <sup>4)</sup>	
4	Peningkatan penerapan iptek di masyarakat (mekanisasi, IT, dan manajemen) <sup>4)</sup>	
5	Perbaikan tata nilai masyarakat (seni budaya, sosial, politik, keamanan, ketentraman, pendidikan, kesehatan) <sup>2)</sup>	X
<b>Luaran Tambahan</b>		
1	Publikasi di jurnal internasional <sup>1)</sup>	
2	Jasa; rekayasa sosial, metode atau sistem, produk/barang <sup>5)</sup>	
3	Inovasi baru TTG <sup>5)</sup>	

4	Hak kekayaan intelektual (Paten, Paten sederhana, Hak Cipta, Merek dagang, Rahasia dagang, Desain Produk Industri, Perlindungan Varietas Tanaman, Perlindungan Desain Topografi Sirkuit Terpadu) <sup>3)</sup>	
5	Buku ber ISBN <sup>6)</sup>	

Keterangan :

- <sup>1)</sup> Isi dengan belum/tidak ada, draf, *submitted, reviewed*, atau *accepted/published*
- <sup>2)</sup> Isi dengan belum/tidak ada, draf, terdaftar, atau sudah dilaksanakan
- <sup>3)</sup> Isi dengan belum/tidak ada, draf, atau terdaftar/*granted*
- <sup>4)</sup> Isi dengan belum/tidak ada, produk, penerapan, besar peningkatan
- <sup>5)</sup> Isi dengan belum/tidak ada, draf, produk, atau penerapan
- <sup>6)</sup> Isi dengan belum/tidak ada, draf, proses *editing*/sudah terbit

## **BAB III**

### **METODE PELAKSANAAN**

#### **3.1 Tahap Penyelesaian Masalah**

International seminar on Diabetes was carried out online for about three days, started from August 2 to 5, 2022. The seminar invited 10 speakers from national and international level. The speakers targeted Health practitioners: such as physicians, nurses, public health practitioners, midwives and nutritionists, Health academicians: such as health students and lecturers, and Those interested in diabetes mellitus, including diabetes mellitus type 2.

#### **3.2 Metode Pelaksanaan**

The seminar was carried out online using zoom link for consecutive three days. Each day, there will be four speakers talking about various topics of DM. The speakers were:

##### **Diabetes Statistics and Primary Health Care**

Dr. Esti

Global and National Diabetes Statistics and Role of the Ministry of Health of Republic of Indonesia on Diabetes

Directorate of Prevention and Control of Non-Chronic Diseases  
Directorate General of Disease Prevention and Control  
Ministry of Health of Republic of Indonesia

##### **Diabetes Risk Factors and Prevention**

The Role of Physical Activity in Type 2 Diabetes Management and Prevention

Prof. Sheri Colberg-Ochs, PhD, FACSM

Professor Emerita, Exercise Science

Research Profesor

Old Dominion University, California, United States of America

2016 American Diabetes Education Outstanding Educator in Diabetes

Diabetes Prevention and Diet

Prof. Ruzita  
Universiti Kebangsaan Malaysia, Malaysia

Diabetes Gestational

Associate Prof. Dr. Chong Mei Chan  
Department of Nursing Science  
Faculty of Medicine  
University of Malaya, Malaysia

### **Diabetes Complication and Its Prevention**

Diabetic Feet Ulcer Treatment:

Saldy Yusuf, S. Kep., Ns., MHS., PhD., ETN  
Universitas Hasanudin  
Makasar, Sulawesi, Indonesia

Technology and Diabetic Foot Ulcer Prevention

Prof. Makoto Oe, PhD, RN  
Institute of Medical, Pharmaceutical and Health Sciences  
Kanazawa University, Japan

### **Prediabetes and Diabetes Assessments**

Prediabetes and Its Early Detection in Indonesian Primary Health Care

Nila Kusumawati, S. Kep, Ns, MPH  
Head of Indonesian Diabetes Center  
Universitas Pahlawan Tuanku Tambusai, Indonesia

### **Diabetes and Its Related Health Policies in Indonesia**

Diabetes and JKN

dr. Donni Hendrawan, MPH  
Deputy Direksi Bidang Manajemen Data dan Informasi  
Badan Penyelenggara Jaminan Sosial  
Republik Indonesia

Role of Dana Desa (Village Funding Program) in Diabetes Mellitus in Indonesia:

Rudi Hermawan, SE, MPH  
Perencana Ahli Muda  
Kementerian Koordinator Bidang Pembangunan Manusia dan Kebudayaan



Republic of Indonesia

Role of Indonesian National Wound Ostomy Continence Nurse Association in Diabetes Mellitus

Eka, S. Kep, Ns, M. Kep

Head Indonesian Wound Ostomy Continence Nurse Association (DPP InWOCNA), DKI Jakarta, Indonesia.

### **3.3Partisipasi Mitra**

Primary partners of this seminar were Universiti of Malaya, Malaysia and Health Department of Riau Province, Indonesia. University of Malaya offered two of its nursing doctoral students to be moderator of day 1 and 2 of the seminar. All their professors and students joined the seminar from the start date to the end and gave valuable support.

The Health Department of Riau Province, Indonesia gave support by spreading the brochure of the seminar to all health cadres of Posbindu Penyakit Tidak Menular in 12 cities and regencies in Riau Province, Indonesia. The Non-Communicable Disease Department of Health Department of Riau Province also facilitated the IDC UP to meet with the Head of the Health Department of Riau Province from which IDC UP received a technical support.

### **3.4 Evaluasi Pelaksanaan Program dan Keberlanjutan Program**

The program was recognized as a few of international activity that help improve people and community's knowledge on DM. The seminar was planned to be continued to be held in the near future. An international conference on DM will also be organized in 2023 to facilitate health faculty members, health practitioners, health students and health communities interested in DM to share updated knowledge on DM through research that they will have done.

**BAB IV**  
**KELAYAKAN KEPAKARAN**

**4.1 Jenis Kepekaran yang Diperlukan**

DM is one of non-communicable diseases integrated in Medical Surgical Nursing and Community Nursing. Head and members of committees were of Faculty of Health Science, specifically nursing science and Indonesian Diabetes Center of UP.

**4.2 Tim Pengusul**

**Tabel. 4.1 Tim Pengusul dan Kepekaran**

<b>Nama</b>	<b>Kepakaran</b>	<b>Deskripsi</b>
Nila Kusumawati	Nursing	
Neneng Fitria Ningsih	Nursing	
Yenny Safitri	Nursing	

Alini	Nursing	
Ridha Hidayat	Nursing	
Indrawati	Nursing	
Putri Eka Sudiarti	Nursing	
Gusman Virgo	Nursing	

**BAB V**  
**BIAYA DAN JADWAL KEGIATAN**

**5.1 Anggaran Biaya**

Tabel 5.1 Anggaran Biaya

<b>No.</b>	<b>Item</b>	<b>Unit</b>	<b>Fee</b>	<b>Total Fee</b>
	Zoom license for 1000 participants	1	950,000	950,000
	2 external international speakers (professor) - non partner	2	2,500,000	5,000,000
	2 external international speakers (professor, associate professor) - partner	2	1,500,000	3,000,000
	5 external national speakers	5	1,000,000	5,000,000
	1 internal speaker	1	500,000	500,000
	Brochure design and lay out	1	325,000	325,000
	Presentation background design and lay out	1	205,000	205,000
	Event publication in national online and offline medias	1	625,000	625,000
	Certificates	Paid by participants	Paid by participants	Paid by participants
<b>Total</b>				<b>15,605,000</b>

## 5.1 Jadwal Kegiatan

Tabel 5.2 Jadwal Kegiatan

No	Date	Time (Indonesian Time)	Activities	Speakers and Moderators
1	August 2, 2022	08:30 – 09:40 am	Opening by MC	
2		09:40 – 09:50 am	Playing the video of UP Profile	
3		09:50 – 10:00 am	Preamble of the Department of Health of Riau Province	
4		10:00 – 10:15 am	Preamble and inauguration of the Indonesian Diabetes Center by the Rector of Universitas Pahlawan Tuanku Tambusai	
5		10:15 – 10.25 am	Preamble and official opening of the seminar by the Governor of Riau Province	
6		10:25 – 10.35 am	MoU signing Ceremony between UP and: 1. Universitas Hasanuddin, Makasar, Indonesia 2. Department of Health of Riau Province, Indonesia	
7		10:35 – 11:50 am	Speaker 1:  Directorate of Prevention and Control of Non-Chronic Diseases, Directorate General of Disease Prevention and Control, Ministry of Health of Republic of Indonesia	
8		11:50 – 12:40 am	Speaker 2:  Diabetes and JKN dr. Donni Hendrawan, MPH, Deputy Direksi Bidang Manajemen Data dan Informasi, Badan Penyelenggara Jaminan Sosial, Republik Indonesia	Attendance list and evaluation form are distributed through Zoom chat. To be reminded by the moderator verbally.
8	August 3, 2022	08:00 – 09:00 am	Speaker 3:  The Role of Physical Activity in Type 2 Diabetes Management and Prevention	

			<p>Prof. Sheri Colberg-Ochs, PhD, FACSM  Professor Emerita, Exercise Science  Research Professor  Old Dominion University, California,  United States of America  2016 American Diabetes Education  Outstanding Educator in Diabetes</p>	
9		09:00 – 10:00 am	<p>Speaker 4:  Diabetes Gestational</p> <p>Associate Prof. Dr. Chong Mei Chan,  Department of Nursing Science, Faculty of  Medicine  University of Malaya, Malaysia</p>	
10		10:00 - 11:00 am	<p>Speaker 5  Diabetes Prevention and Diet</p>	
11		11:00 am – 12:00 pm	<p>Speaker 6  Technology and Diabetic Foot Ulcer  Prevention</p> <p>Prof. Makoto Oe, PhD, RN,  Institute of Medical, Pharmaceutical and  Health Sciences,  Kanazawa University, Japan</p>	<p>Attendance  list and  evaluation  form are  distributed  through Zoom  chat. To be  reminded by  the moderator  verbally.</p>
12	August 4, 2022	08:00 – 09:00 am	<p>Speaker 7  Diabetic Feet Ulcer Treatment:</p> <p>Saldy Yusuf, S. Kep., Ns., MHS., PhD.,  ETN  Universitas Hasanudin  Makasar, Sulawesi, Indonesia</p>	
13		09:00 – 10:00 am	<p>Speaker 8  Diabetes and Its Early Detection in  Indonesian Primary Health Care</p> <p>Nila Kusumawati, S. Kep, Ns, MPH  Head of Indonesian Diabetes Center,  Universitas Pahlawan Tuanku Tambusai,  Indonesia</p>	

14	10:00 – 11:00 am	<p>Speaker 9  Role of Dana Desa in Diabetes Mellitus in Indonesia  Rudi Hermawan, SE, MPH,  Perencana Ahli Muda  Kementerian Koordinator Bidang  Pembangunan Manusia dan Kebudayaan,  Republik Indonesia</p>	
15	11:00 am – 12:00 pm	<p>Speaker 10  Role of Indonesian National Nurses Association in Diabetes Mellitus:  Dr. Suriadi, MSN, PhD, AWCS, CFC  Ketua Dewan Pengurus Pusat Indonesian Wound Ostomy Continence Nurse Association (DPP InWOCNA), Indonesia.</p>	<p>Attendance list and evaluation form are distributed through Zoom chat. To be reminded by the moderator verbally.</p>
16	12:00 pm	Closing	

## **Lampiran**

**Lampiran 1: Brochure of the seminar**

**Lampiran 2: Certificate of the seminar**

**Lampiran 3: Pictures**

**Lampiran 4: Proposal of the International Seminar**



# INTERNATIONAL DIABETES

SEMINAR 

“A Journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one third premature mortality from the NCDs, including Diabetes Mellitus Type 2.”

**2-4** AUGUST  
2022



## Opening



## MC & Moderator



## Speakers



## Free Registration

<https://forms.gle/4qgM1JNAPNmidaVq9>

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# INTERNATIONAL DIABETES

SEMINAR



## August 2, 2022

Moderator: Rif'atunnailah Mat Isa (UM)

### 08.40 – 08.50

Opening by MC, Vitri Angraini Hardi, M.Pd

### 08.50 – 09.00

Playing the video of UP Profile.

### 09.00 – 09.15

Regional Board of Indonesian National Nurses Association of Riau Province (DPW PPN).

H. Ahmad Yusuf, Amd. Kep. S. Sos, M.H

### 09.15 – 09.30

Preamble and inauguration of the Indonesian Diabetes Center by the Rector of Universitas Pahlawan Tuanku Tambusai.

Prof. Dr. Amir Luthfi

### 09.30 – 09.40

Preamble and official opening of the seminar by the Governor of Riau Province.

Drs. H. Syamsuar, M. Si

### 09.45 – 10.45

#### Speaker 1

Global and National Diabetes Statistics and Role of the Ministry of Health of Republic of Indonesia on Diabetes.

dr.Esti Widiastuti, MScPH

Head of Team Work for Diabetes Mellitus and Metabolic Disorders  
Directorate of Prevention and Control of Non-Chronic Diseases  
Directorate General of Disease Prevention and Control  
Ministry of Health of Republic of Indonesia

### 10:45 – 11:45

#### Speaker 2

Diabetes and JKN.

dr. Donni Hendrawan, MPH

Deputy Direksi Bidang Manajemen Data dan Informasi,  
Badan Penyelenggara Jaminan Sosial, Republik Indonesia

### 11.45 – 12.30

Q & A

## August 3, 2022

Moderator: Wanda Lasepa, M.Gizi (UP)

### 08.05 – 09.00

#### Speaker 3

The Role of Physical Activity in Type 2 Diabetes Management and Prevention.

Prof. Sheri Colberg-Ochs, PhD, FACSM

Professor Emerita, Exercise Science  
Research Professor  
Old Dominion University, California, United States of America  
2016 American Diabetes Education Outstanding  
Educator in Diabetes

### 09,00 – 10,00

#### Speaker 4

Diabetes Gestational.

Associate Prof. Dr. Chong Mei Chan  
Department of Nursing Science, Faculty of Medicine  
University of Malaya, Malaysia

### 10.00 – 11.00

#### Speaker 5

Lifestyle Prevention for Type 2 Diabetes Mellitus.

Prof. Dr.Ruzita Abd. Talib  
Nutritional Science Program, Faculty of Health Sciences,  
Universiti Kebangsaan Malaysia, Malaysia

### 11.00 – 12.00

#### Speaker 6

Technology and Diabetic Foot Ulcer Prevention (Video).

Prof. Makoto Oe, PhD, RN,  
Institute of Medical, Pharmaceutical and Health Sciences,  
Kanazawa University, Japan

### 12.00 – 12.30

Q & A

## August 4, 2022

Moderator: Vimala Devi Jayaveloo (UM)

### 08.05 – 09.00

#### Speaker 7

Diabetic Foot Ulcer: From Prevention to Treatment.

Saldy Yusuf, S. Kep., Ns., MHS., PhD., ETN  
Universitas Hasanudin Makassar, Sulawesi, Indonesia

### 09.00 – 10.00

#### Speaker 8

Diabetes and its Early Detection in Indonesian Primary Health Care.

Nila Kusumawati, S. Kep, Ns, MPH

Head of Indonesian Diabetes Center, Universitas Pahlawan Tuanku Tambusai, Indonesia

### 10.00 – 11.00

#### Speaker 9

Role of Dana Desa (Village Fund Program) in Diabetes Mellitus in Indonesia.

Rudi Hermawan, SE, MPH

Expert Planner, Coordinating Ministry for Human Development and Culture,  
Republic of Indonesia

### 11.00 – 12.00

#### Speaker 10

Role of Indonesian Wound Ostomy Continence Nurse Association (InWOCNA) in Building Capacity of Nurses Interested in Diabetes Mellitus.

Ns. Eka Widiati, M. Kep, Sp. Kep, An, ETN

Head of Regional Board of Indonesian Wound Ostomy  
Continence Nurse Association DKI Jakarta (DPW InWOCNA DKI Jakarta), Indonesia.

### 12.00 – 12.30

Q & A

NO: 01/IDC/UPTT/VIII/2022



## CERTIFICATE OF APPRECIATION

This certificate is hereby presented to:

*Nila Kusumawati, S.Kep., Ns., M.P.H*

In appreciation of your excellent contribution to the 2022  
International Seminar on Diabetes  
as committee

"A Journey Towards the Achievement of the 2030 SDGs Goal 3 Target 3.4: Reducing by one  
Third Premature Mortality from the NCDs, Including Diabetes Mellitus Type 2"

August 2-4, 2022



Prof. Dr. Amir Luthfi

Rektor Universitas Pahlawan Tuanku Tambusai



Nila Kusumawati, S.Kep, Ns., M.P.H

Head of Indonesian Diabetes Center



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August 2-4, 2022



Prof. Dr. Amir Luthfi

Rektor Universitas Pahlawan Tuanku Tambusai




Nila Kusumawati, S.Kep, Ns., M.P.H

Head of Indonesian Diabetes Center

Zoom Meeting

Zoom Meeting participants: Nila Kusumawati, SARIFATUL ASMAH, Hanissa Hanissa, DWI MAULIDA



Chat

Saldy Yusuf\_UNHAS to Everyone  
You're welcome Prof Chong, our current project is to transfer knowledge and skill to nurses and family to perform early screening

IDC UP to Everyone  
[https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/metric\\_bmi\\_calculator/bmi\\_calculator.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/metric_bmi_calculator/bmi_calculator.html)

Arum Pratiwi\_SHMT to Everyone  
alhamdulillah...I'm in the normal range

IDC UP to Everyone  
<https://www.healthycanadians.gc.ca/en/canrisk>

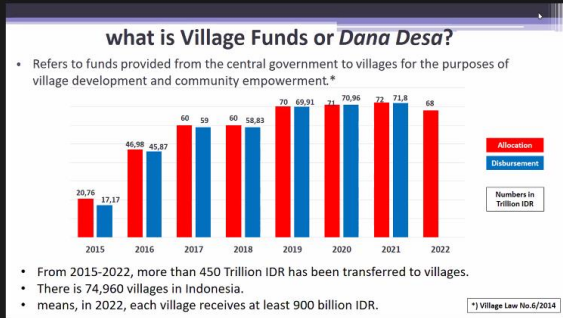
Who can see your messages? Recording On

To: Everyone

Type message here...

Windows taskbar: Type here to search, 9:58, 04/08/2022

Recording



Rudi Hermawan

Chat

- Saldy Yusuf\_UN... to Everyone 09:12 AM  
You're welcome Prof Chong, our current project is to transfer knowledge and skill to nurses and family to perform early screening
- IDC UP to Everyone 09:24 AM  
[https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/metric\\_bmi\\_calculator/bmi\\_calculator.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/metric_bmi_calculator/bmi_calculator.html)
- Arum Pratiwi\_S... to Everyone 09:26 AM  
alhamdulillah...I'm in the normal range
- IDC UP to Everyone 09:32 AM  
<https://www.healthycanadians.gc.ca/en/canrisk>

Who can see your messages? Recording On

To: Everyone  
Type message here...

Participant thumbnails: Nila Kusumawati, Wim, Rudi Hermawan, Aprillia Ridayani kesmas. Meeting title: Rudi Hermawan Aprillia Ridayan... View



Eka Widiati  
Unmute My Audio (Alt+A). Or you can simply press and hold the space bar to temporarily unmute.

Zoom Meeting Control Bar: Unmute, Stop Video, Participants, Chat, Share Screen, Record, Reactions, Apps, More, Leave

Chat window with messages from Saldy Yusuf\_UNHAS, IDC UP, and Arum Pratiwi\_SHMT. Includes a URL for BMI calculator and a direct message to Syafrisar.

The Zoom meeting interface displays a grid of participants. At the top, there are four small video thumbnails for Nila Kusumawati, Vim, Eka Widiati, and Hanifa. Below the thumbnails is a 'Recording' indicator. The main background features a repeating pattern of the Universiti Malaya logo and the word 'PERUBATAN'. A large video feed of a woman with glasses is visible in the foreground. At the bottom, there are browser address bars for 'https://medicine.um.edu.my' and 'instagram.com/medicineumalaya', and a name 'CHONG MEI CHAN'.


The Zoom chat window is open on the right side of the screen. It shows a list of messages:

- A message from 'IU' with a link: [https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/metric\\_bmi\\_calculator/bmi\\_calculator.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/metric_bmi_calculator/bmi_calculator.html)
- A message from 'AP' saying: "alhamdulillah...I'm in the normal range"
- A message from 'IU' with a link: <https://www.healthycanadians.gc.ca/en/canrisk>
- A message from 'V' saying: "If there is a question, kindly post it with a format Name\_Institution\_Question. Thank you"

At the bottom of the chat window, there is a status bar that says "Who can see your messages? Recording On" and a "To:" field with "Syafarisar ..." and "(Direct Message)".



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Badan Penyelenggara Jaminan Sosial



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**CAKUPAN SEMESTA 2024**


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**MEWUJUDKAN CAKUPAN SEMESTA**

**UPAYA ▶** Kolaborasi Menguatkan Sistem Kesehatan Nasional

BPJSK → Melakukan Upaya Strategik Untuk Mendorong Penguatan Aspek Lainnya



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**PERAN AKTIF PEMERINTAH PUSAT DAN DAERAH**

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**3**

*Do your part, help together*  
**Gotong Royong Bersama Tertolong**

**165**

Donni Hendrawan - BPJSK

BPJSKesehatanRI

Unmute

Start Video

Participants 205

Chat 2

Share Screen

Record

Live Transcript

Reactions

Apps

Leave





































1.